

## TIMETABLE AND BOOKINGS

# Yoga 2019

Wednesdays 5.45 and 7pm  
Sundays 1.15 and 2.30 (postnatal)

**CLASSES START 17TH OF JULY  
TERM ENDS 25TH OF SEPT.**

Pre-booking offers: \$110 for 8 and \$135 for  
10 classes at 2 per week

Apply by email and check availability before  
purchase.

[www.aucklandpregnancyyoga.co.nz](http://www.aucklandpregnancyyoga.co.nz)